

## Message Text

UNCLASSIFIED

PAGE 01 STATE 073507  
ORIGIN HEW-06

INFO OCT-01 EUR-12 ISO-00 OES-06 L-03 /028 R

DRAFTED BY DHEW/PHS/ADAMHA/AABRAHAM:JP  
APPROVED BY OES/APT/BMP:WJWALSH, III  
DHEW/ADAMHA/NIMH/PKOKURA  
DHEW/ASH/OIH/RDFISCHER  
EUR/NE:JPSHUMATE(INFO)

-----022358Z 040231 /73

P 022154Z APR 77  
FM SECSTATE WASHDC  
TO AMEMBASSY LONDON PRIORITY

UNCLAS STATE 073507

E.O. 11652:N/A

TAGS:TBIO, SWEL, UK

SUBJECT:REGISTRATION OF PSYCHOTHERAPISTS

REF: LONDON 04413

1. REPLY TO REFERENCE RECEIVED FROM NATIONAL INSTITUTE OF MENTAL HEALTH, ADAMHA, INDICATES LACK OF AGREEMENT REGARDING DEFINITIONS AND LICENSING REQUIREMENTS EXISTS AMONG PROFESSIONAL ASSOCIATIONS IN THE U.S. THE FOLLOWING IS SUBMITTED FOR WHATEVER ASSISTANCE IT MAY BE TO THE UK-DHSS. ACCORDING TO THE AMERICAN PSYCHIATRIC ASSOCIATION, THERE ARE NO SPECIFIC REQUIREMENTS FOR LICENSING OR REGULATING PSYCHOTHERAPY BY OTHERS THAN PSYCHIATRISTS. THE STATUTORY REQUIREMENTS FOR PROVIDING PSYCHOTHERAPY ARE THE SAME AS THE REQUIREMENTS FOR ANY LICENSED PHYSICIAN. THE MAJORITY OF THE STATES THAT DO LICENSE OTHER THAN PHYSICIANS TO PRACTICE PSYCHOTHERAPY ARE LICENSING PSYCHOLOGISTS.

UNCLASSIFIED

UNCLASSIFIED

PAGE 02 STATE 073507

2. WITH RESPECT TO THE DISTRICT OF COLUMBIA, THE RECENTLY PASSED D.C. LICENSING FOR THE PRACTICE OF PSYCHOLOGISTS DOES NOT COVER PSYCHOTHERAPISTS. THE MATTER OF REGISTRATION OF PSYCHOTHERAPISTS IN CALIFORNIA IS STILL UNDER CONSIDERATION.

3. HOWEVER, THE FOLLOWING DEFINITION OF PSYCHOTHERAPY,

FOUND IN THE PSYCHIATRIC GLOSSARY, 4TH EDITION, 1975,  
MAY BE USEFUL TO THE UK-DHSS: A GENERIC TERM FOR THE  
TREATMENT OF MENTAL AND EMOTIONAL DISORDERS BASED PRI-  
MARILY UPON VERBAL OR NON-VERBAL COMMUNICATION WITH THE  
PATIENT. A MAJOR TREATMENT METHOD OF PSYCHIATRISTS AND  
OTHER PHYSICIANS TRAINED IN PSYCHIATRIC MEDICINE. NON-  
MEDICAL PSYCHOTHERAPY MAY BE CARRIED OUT BY PSYCHOLOGISTS,  
SOCIAL WORKERS, NURSES, PASTORAL COUNSELORS, AND OTHER  
PROFESSIONALS WITH SPECIAL TRAINING IN THE TECHNIQUE.

4. NIMH STATES THAT IT HAS REQUESTED MATERIAL PERTAINING  
TO ABOVE SUBJECT FROM THE WASHINGTON PSYCHIATRIC SOCIETY  
WHICH IT WILL BE PLEASED TO FORWARD TO THE BRITISH  
EMBASSY OR TO AMERICAN EMBASSY, LONDON, AS DESIRED.

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## Message Attributes

**Automatic Decaptoning:** X  
**Capture Date:** 01-Jan-1994 12:00:00 am  
**Channel Indicators:** n/a  
**Current Classification:** UNCLASSIFIED  
**Concepts:** MEDICAL CARE, LAW, PSYCHIATRY, LICENSES  
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**Copy:** SINGLE  
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**Office:** ORIGIN HEW  
**Original Classification:** UNCLASSIFIED  
**Original Handling Restrictions:** n/a  
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**Subject:** REGISTRATION OF PSYCHOTHERAPISTS  
**TAGS:** TBIO, SWEL, UK  
**To:** LONDON  
**Type:** TE  
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**Review Markings:**  
Margaret P. Grafeld  
Declassified/Released  
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**Markings:** Margaret P. Grafeld Declassified/Released US Department of State EO Systematic Review 22 May 2009